

CORPORATE PROPOSAL



New Leaf center

our services

prices

2026



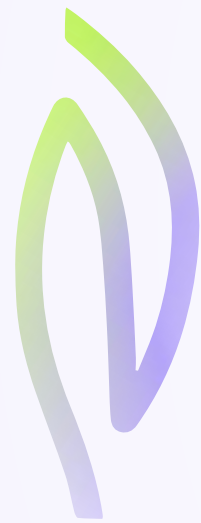
NEW LEAF

INSTITUTE OF PSYCHOTHERAPY
AND COACHING

www.newleaf.ua

“NEW LEAF”

is a professional team
of more than **30 specialists**



The “New Leaf” team are highly qualified and experienced licensed psychologists and psychotherapists who are competent in helping clients with various psychological problems.

Our specialists have undergone additional trainings in psychotherapy methods with proven effectiveness and have certificates recognized by leading European organizations.

Our specialists understand the importance of confidentiality and psychological ethics when working with companies and organizations, so you don’t need to worry about information confidentiality and security of your employees.

OUR SERVICES

- 1.0 EXAMINING
- 2.0 PSYCHOLOGICAL ASSISTANCE
 - 2.1 INDIVIDUAL COUNSELING
AND PSYCHOTHERAPY
 - 2.2 GROUP PSYCHOTHERAPY
- 3.0 TRAININGS AND WEBINARS FOR TEAMS

1.

EXAMINING

services

study of employees' psychological problems and analysis of their needs



It is an **audit of the psychological state of a company's personnel** (using Google Forms), aimed at identifying employees' psychological problems, difficulties and needs related to their psychological comfort, work productivity, mental climate in a team and employees' individual problems.

EXAMINING

1.

SUCH SURVEY IS PERFORMED TO ANALYZE:

- professional goals and motives
- professional efficiency (reasons for reduced efficiency)
- striving for self-realization and personal development within career growth
- features of interaction with a team and management
- causes of labor conflicts
- causes of emotional exhaustion, decreased energy and poor motivation
- if necessary, professional abilities and professional suitability can also be assessed.

2.

PSYCHOLOGICAL ASSISTANCE

services



Psychological assistance services and personnel development programs aimed at increasing professional motivation and efficiency:

2.1

Individual counseling and psychotherapy.

Individual counseling is an effective way to help a person better understand oneself and cope with difficulties.

2.2

Group psychotherapy.

It is a type of psychological influence that involves interacting in a group of people experiencing similar problems or difficulties.

2.1
prices

INDIVIDUAL COUNSELING AND PSYCHOTHERAPY prices



Psychologist consultation
50–55 min

1650–2100 UAH



Psychotherapy session
50–55 min

2300–3500 UAH

Corporate packages can use an averaged rate of **about 2000 UAH per consultation**;
the final price depends on the package volume.



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GROUP PSYCHOTHERAPY

It is a type of psychological influence that involves interacting in a group of people experiencing similar problems or difficulties.



Advantages of a psychotherapy group:

- developing communication skills during interactions with other people to increase psychological and communicative flexibility, to form a psychologically mature style in relationships;
- becoming more resistant to life's challenges, developing self-confidence;
- deepening awareness of one's own needs and goals, the ability to convey them to other people and constructively satisfy them;
- better understanding one's boundaries and developing a more attentive attitude to other people's boundaries;
- increasing self-esteem and self-confidence.

2.2 prices

GROUP PSYCHOTHERAPY prices

Group psychotherapy*
is intended for a group
of 8–12 participants

DURATION: 90 min
FREQUENCY: once a week

the price for one person

1200 UAH

*More about group therapy:
newleaf.ua/services/grupova-psihoterapiya/

3.

TRAININGS AND WEBINARS FOR TEAMS

services



Training programmes, webinars and master classes are an effective tool for developing communication and self-expression skills and for managing emotions and stress. They help people understand themselves and their needs better, find support from colleagues and build confidence – depending on the topic.

TRAININGS AND WEBINARS FOR TEAMS

topics

3.

Possible topics of our trainings:

- Building stress resilience
- Burnout and its prevention
- Self-awareness and self-regulation
- Life balance and psychological well-being
- Goal setting and productivity
- Emotional intelligence as the basis of leadership
- Building trust in a team
- The leader as a coach: developing team potential
- Decision-making under pressure
- A culture of psychological safety
- Supporting employees in a crisis
- Communication between departments
- Custom programme tailored to your organisation

3
prices

TRAININGS AND WEBINARS FOR TEAMS prices

The programme is **adapted to your company's goals**.

Groups: usually **10–18 people**, smaller or larger on request.

Formats **can be combined** into one programme.

Webinar or master class
2–3 hours

from 20,000 UAH

Short training
up to 3 hours

from 30,000 UAH

Training day
up to 6 hours

from 45,000 UAH

Long programme
2–3 training days

from 75,000 UAH



THANK YOU FOR YOUR ATTENTION

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